

H.S.H. Vysočina cup 2010

Instruction for accompanying race in night orienteering

Date: 15.7.2010 (Thursday)

Centre: Svratka (ski slope center)

Rules: Czech Orienteering Association rules, race is not included into the 3-day competition H.S.H. Vysocina Cup, race is included into the Czech ranking system (coeff. 1,00)

Presentation (confirmation of your start in the night race): Thursday 15.7. 2010 from 18:00 to 21:00 in the centre

Start 00: 22:00

Terrain: gently downly typical terrain of Czech and Moravian Highland, height above the sea level 620 – 780 m

Map: Řasnička - západ, 1:15 000, E = 5 m, spring 2009

Punching: SPORTident, Orienteering controls + reflexive layer

Officers:	Director:	Petr Mareček
	Main Referee:	Tomáš Matras, R1
	Course-setter:	Jiří Jansa

Applications: we prefer applications through the on-line application system, exceptionally by email to: jiri.jansa@centrum.cz

Categories: HD14, HD16, HD18, HD21, HD35, HD45, MIX-1 (track with D14), MIX-2 (track with D18)

H stands for men category, D stands for women category, MIX-1 and MIX-2 are categories for those who don't want to run alone (there isn't any restriction on the size, gender or age of participants). MIX-2 is for more advanced navigators.

Fees:

Category	till 27.6.2010 after 27.6.2010	
D/H14 – D/H18	40,-	80,-
MIX-1*	40,-	80,-
HD21,35,45,MIX-2*	60,-	120,-

* - together for 1 team

Preliminary length of races:

H14	3 km	D14	2,5 km
H16	3,5 km	D16	3 km
H18	5 km	D18	3,5 km
H21	8 km	D21	5 km
H35	5,5 km	D35	3,5 km
H45	4,5 km	D45	3 km
MIX1	2,5 km	MIX2	3,5 km

Distances:

center – presentation	0 m
center – start	2400 m
center – finish arena	2100 m

Your route to the start of night race passes the finish arena (stadium for speed-skating TJ MARS SVRATKA). From the centre of the 3days competitions (ski slope) to the finish arena, it is possible to walk, run, ride your bike (the route leads through the city centre of Svatka and big part is under the street lightning) or drive your car.

Results and declaration of winners:

Results and declaration of winners (1.-3.) of the night race will be after the Friday's stage. Results are not included into the H.S.H Vysočina Cup.

Jiří Jansa
jiri.jansa@centrum.cz